# Pre-Conference "Cross – Cultural Understanding"

# Biological & Psychological Roots of Cross-Cultural Understanding

Cairo, 27 April 2015

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# "Cross – Cultural Understanding and True Self - Confidence"

- 1 Three basic facts regarding cultures
- 2 Responses to differences
- 3 Two different "organs" of perception and development of true self-confidence



#### 1 Diversity of cultures

- Nationalities
- Professions
- Ages
- Gender
- Skin colours
- Languages
- Religions
- Social stands
- Educations
- Political systems
- Leisure groups

#### 2 Elements of orientation

- Beliefs
- Values
- Behaviours
- Attitudes
- Agreements
- Norms
- Stereotypes
- Clichees
- Cultural Codes
- Conventions

**Everybody belongs to different cultures** 



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**Everybody belongs to different cultures** 



#### 3 Nobody can choose her

- Parents
- Family
- Gender
- Skin colour
- Body
- Character
- Intelligence
- Country
- Religion

we get born in



## A Basic fact regarding culture

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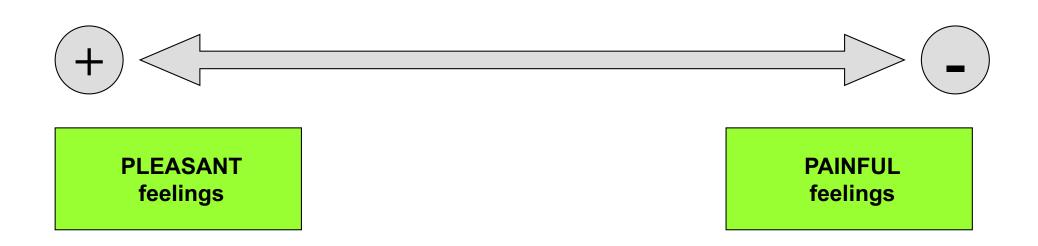
we get born in

# Beeing conscious of that makes us more

- **RESPECTFUL**, if I have to deal with differences
- **CREATIVE** in finding ways to cooperate with differences
- **SECURE**, if I have to say no



### 2 Responses to differences

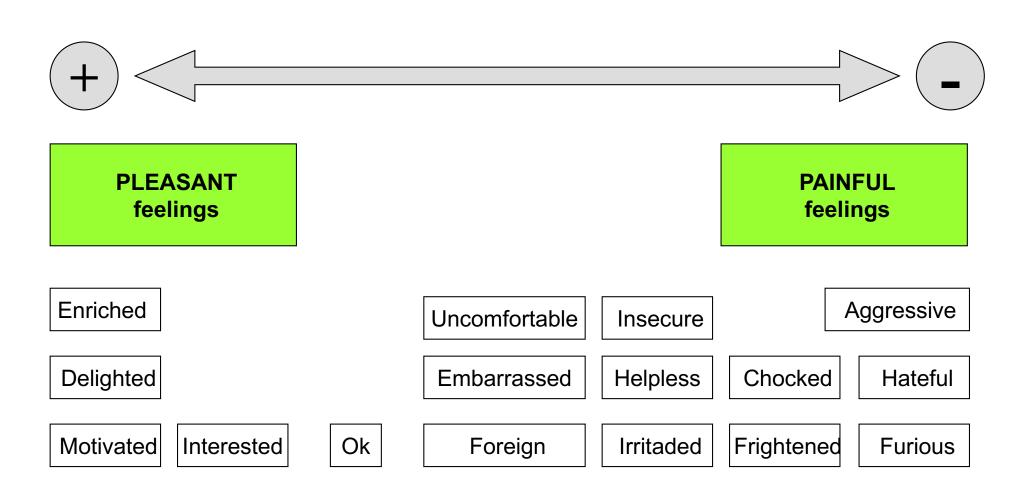


# 2 Responses to differences





### 2 Responses to differences





# 3 Two different Organs of perception

2 Organs of perception

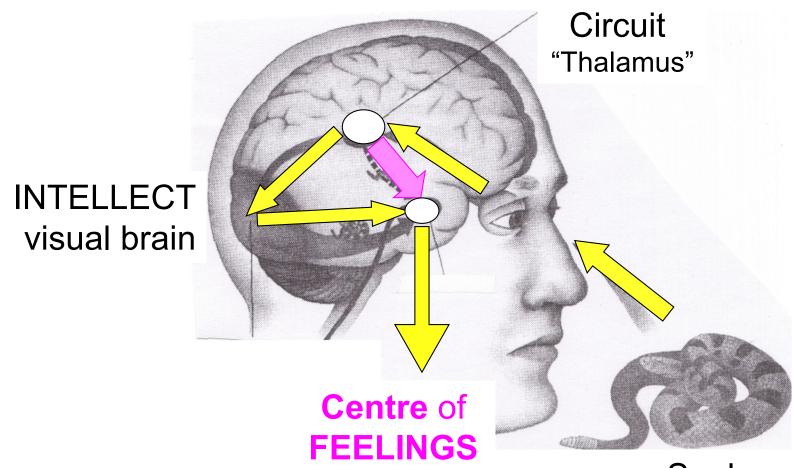
**Cognitive perception** 

**Emotional perception** 



# **Emotional perception**

Ledoux 1994 1st FEELING 2nd THINKING



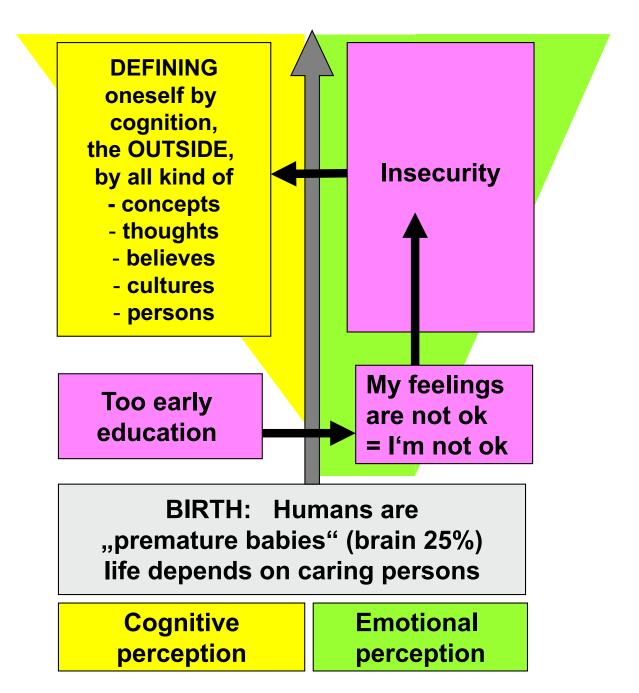
Snake

FEAR, FIGHT

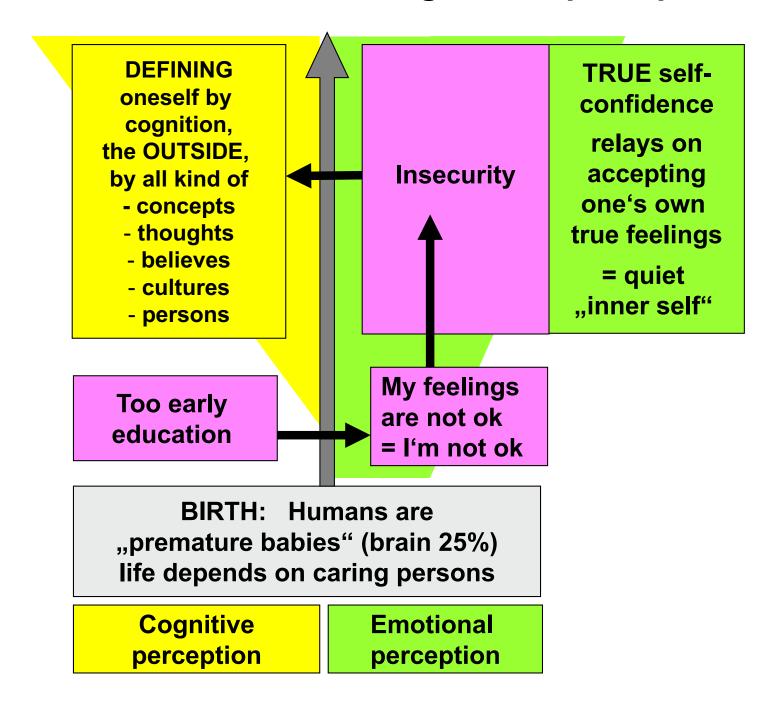
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#### 3 DEVELOPMENT of the two "organs" of perception



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