



Success Teams Overview



1. What is this all about?

- 3 - 5 people
- meeting regularly every 2 - 4 weeks
- for 2 - 3 hours
- for 6 - 8 months
- for mutual
 - encouragement
 - advice and support
 - exchange of ideas

2. What is it all about?

- *Personal and professional goals*
- *Systematic approach*
- *Working team*
- *Rules for working together*

3. Structure of the Meetings

- **Onset**
 - information on the status of matters
 - approx. 5 minutes
- **Support**
 - mutual support with advice and action
 - approx. 15 - 20 minutes
- **Home Work**
 - each member
 - until the next gathering
 - 2 minutes
 - lay down in writing
- **Important**
 - punctual start
 - clear time structure
 - who moderates/supervises the adherence to the time structure?
 - keeper of the minutes or does everybody write?
 - no repetition for latecomers
 - information to absent team members

4. Benefits for each member

- *working persistently and resolutely on her goals*
- *advice and feedback from the others*
- *individual approach*
- *self-discipline*
- *small, reliable network*
- *win-win-situation for everybody*

5. Basic Prerequisites

- *Openness and curiosity*
- *perseverance*
- *energy*
- *positive, constructive and respectful attitude*
- *trust and understanding*
- *involvement and commitment*
- *willingness to learn something new*